

# The Principles of Good Transitions

## Principle 1

Planning and decision making should be carried out in a person-centred way.

## Principle 2

Support should be co-ordinated across all services.

## Principle 3

Planning should start early and continue up to age twenty-five.

## Principle 4

Young people should get the support they need.

## Principle 5

Young people, parents and carers must have access to the information they need.

## Principle 6

Families and carers need support.

## Principle 7

A continued focus on transitions across Scotland.

# The Moving On Project

Funded by the National Lottery Community Fund, the Moving On project is a two year project focusing on supporting all significant transitions into, through and out of foster care.

## Moving On supports positive transitions through three areas of focus:

1. supporting foster carers to look after their own mental wellbeing through training, resourcing and providing safe spaces
2. running activities that explore times of change with children and young people
3. developing resources which share best practice, such as the Principles of Good Transitions.

Find out more about the project and how to put these principles into practice at [thefosteringnetwork.org.uk/movingonproject](https://thefosteringnetwork.org.uk/movingonproject)

This resource was created in partnership with the Scottish Transitions Forum. To learn more about putting these principles into practice across other settings, search for [scottishtransitions.org.uk](https://scottishtransitions.org.uk)